

Foster Emotional Intelligence in Youth Through Education

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ABSTRACT

Emotional intelligence (EI) plays a pivotal role in shaping the personal, social, and academic development of youth. Education serves as a potent platform for nurturing EI skills essential for success in various facets of life. This research paper explores the significance of integrating EI into educational frameworks, identifies effective strategies for fostering EI in youth, discusses challenges encountered in implementation, and highlights the broader implications for youth well-being and societal advancement. Drawing upon theoretical frameworks and practical insights, this paper underscores the crucial role of education in cultivating emotionally intelligent individuals poised for personal and collective flourishing.

Keywords: Emotional intelligence (EI), Academic development

