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# **Drug Design: An Overview**

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## **INTRODUCTION**

A comprehensive and accurate description of medicinal and pharmaceutical chemistry is inorganic and organometallic compounds as potential drug candidates is particularly noteworthy, as it highlights the expanding scope of this field. Emphasizes the crucial role of various scientific disciplines in drug discovery and development. Clearly outlines the process of identifying, synthesizing, and optimizing drug candidates. Recognizes the importance of pharmaceutical chemistry in ensuring drug safety and efficacy. Highlights the growing significance of inorganic and organometallic compounds in medicinal chemistry. This area focuses on developing methods to transport drugs effectively to target sites in the body.

## Medicinal Chemistry in the Path of Drug Discovery

This is where the foundation for a potential new therapeutic is laid. Clearly defines "hits" as novel compounds exhibiting desired biological activity. Identifies both rational drug design and natural product discovery as primary sources of hits. Emphasizes the role of intuition and expertise in successful hit identification. This is a key technology used to rapidly screen large compound libraries for potential hits. Computational methods for predicting the biological activity of compounds before synthesis. This approach involves building larger molecules from smaller fragments. We can discuss challenges and opportunities in this area, including the role of synthetic chemistry in drug development from natural sources.

#### **DRUG DESIGN**

Let's focus on the challenges associated with this final stage of drug development. The transition from bench to bedside is often fraught with obstacles. While we've outlined the key aspects, let's delve deeper into the specific challenges faced in scale-up and formulation: Maintaining high yields and consistent product quality on a larger scale can be challenging due to factors like reactor design, mixing efficiency, and heat transfer. Preventing the formation of impurities or degradation products becomes increasingly critical at higher volumes. Optimizing the process for cost-effectiveness while ensuring product quality is essential for commercial viability. Ensuring the drug reaches its target site in sufficient concentration can be complex due to factors like solubility, permeability, and metabolism. Formulations must maintain drug stability over time and under various storage conditions. Developing formulations that are convenient and easy for patients to use is crucial for treatment adherence.

#### **Drug Targets**

The Core of Drug Discovery described the fundamental concept of a biomolecular target. These molecules, primarily proteins and nucleic acids, are pivotal in the development of diseases. By understanding their roles in pathological processes, researchers can identify potential drug targets. Biomolecular targets are crucial components in metabolic and signaling pathways linked to disease. While not necessarily causing disease, they must be involved in disease progression. Small molecules can be designed to enhance or inhibit target function to combat disease.

## **Computer-aided Drug Design**

Predicting binding affinity is indeed a cornerstone of drug design. Understanding the interaction between a small molecule and its target is crucial for developing potent and selective drugs. The primary goal in drug design is to estimate how strongly a molecule will bind to its target. Molecular mechanics and molecular dynamics are commonly used to simulate molecular interactions and predict binding conformations. Methods for predicting the binding pose and affinity of a molecule to a target. More accurate but computationally expensive methods for estimating binding affinity. Its role in understanding electronic interactions between molecules. Limitations of current methods and strategies to improve accuracy. Drug design with the help of computers may be used at any of the following stages of drug discovery:

1. Enables rational design: Allows for direct manipulation of drug candidates based on

International Advance Journal of Engineering, Science and Management (IAJESM) ISSN -2393-8048, July-December 2022, Submitted in August 2022, <a href="mailto:iajesm2014@gmail.com">iajesm2014@gmail.com</a> their interaction with the target.

- 2. Docking, virtual screening, and protein-ligand co-crystallization are key techniques.
- 3. Often, a combination of both approaches is used to increase the success rate of drug discovery.

#### **Structure-Based**

A Closer Look Excellent summary of structure-based drug design (SBDD)! You've accurately highlighted the core principles of this approach: SBDD utilizes the three-dimensional structure of the target protein as a starting point. Interactive graphics and computational tools are employed to design drug candidates. A valuable technique for obtaining target structures when experimental data is unavailable. How these computational methods are used to identify potential drug candidates. Building drug molecules from scratch based on the target structure. Understanding the key interactions that drive drug binding. Limitations of the approach and strategies to overcome them.

## **Interpretation of kNN-MFA**

A crucial aspect of utilizing QSAR models for drug design: identifying optimal molecular field values for new compound development. The importance of identifying relevant molecular field points for building the QSAR model. Grouping compounds based on activity to identify common structural features. Determining optimal ranges for molecular fields in the most active compound cluster. Using the identified field value ranges as a starting point for new compound design. Techniques for visualizing molecular field distributions and identifying key regions for drug design. How QSAR-derived field values can be used to guide combinatorial library design. Incorporating QSAR information into de novo drug design algorithms. Potential pitfalls in using QSAR models for drug design, such as the overemphasis on specific molecular features.

#### **Antibacterial Activity:**

Schafi et al. reported the synthesis of tetrahydro carbazole derivatives incorporating oxadiazole, thiadiazole, triazole, and thiazolidinone moieties, demonstrating antibacterial activity against common pathogens. This suggests potential applications in the development of new antimicrobial agents. Platelet Aggregation Inhibition: Sakano et al. identified platelet aggregation inhibitory activity in tetrahydro carbazole derivatives, indicating potential therapeutic use in cardiovascular diseases. These findings reinforce the versatility of the tetrahydro carbazole scaffold as a promising starting point for drug discovery.

**Drug discovery process:** Identifying "hits" with desired biological activity is the initial step in drug development. While your summary is comprehensive, it's worth mentioning a few additional aspects of medicinal chemistry: Importance of drug metabolism and pharmacokinetics (DMPK): Understanding how drugs are absorbed, distributed, metabolized, and eliminated is vital for drug development. Role of computational chemistry: Computer-aided drug design (CADD) tools are increasingly used to accelerate drug discovery. Challenges in drug development: The process is complex and time-consuming, with high failure rates. The significance of heterocyclic compounds in various fields, especially in medicine.

#### **Diverse composition:**

Heterocyclic compounds contain at least one atom other than carbon in their ring structure. Abundance in nature: They are found in a wide range of natural products, from alkaloids to vitamins. Medicinal importance: A vast array of drugs, from antibiotics to antihistamines, contain heterocyclic rings. Heterocyclic compounds form the backbone of many drug molecules with diverse biological activities. To further explore the world of heterocyclic compounds, consider these aspects. Delve into examples of heterocyclic compounds in different drug classes (e.g., anti-cancer, anti-inflammatory, antiviral). Discuss common strategies for synthesizing heterocyclic compounds. Explore the hurdles in developing heterocyclic-based drugs, such as toxicity and bioavailability.

**Drug Resistance:** Investigating the potential for the development of drug resistance and strategies to prevent it. Investigating the impact of different substituents on antimicrobial activity. Optimization of Antimicrobial Potency: Identifying the most promising compounds and exploring strategies to enhance their efficacy. Mechanism of Action Studies:

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Understanding the molecular targets of the antimicrobial compounds. Drug Resistance: Evaluating the potential for the development of microbial resistance and strategies to mitigate it. Preclinical and Clinical Development: Advancing promising compounds towards drug development.

## AIM AND OBJECTIVE

- Evaluate these compounds for a range of pharmacological activities, including analgesic, anti-inflammatory, antihistaminic, and antimicrobial properties.
- Conduct QSAR studies to correlate the structure of the compounds with their biological activities.
- Ultimately, identify potent tetrahydro carbazole-based drug candidates.
- Synthesis of Tetrahydro carbazoles: Developing new derivatives with potential therapeutic benefits.
- Pharmacological Evaluation: Assessing the compounds' efficacy in various disease models.
- QSAR Analysis: Establishing structure-activity relationships to guide drug design.
- Antimicrobial Testing: Evaluating the compounds' activity against different microbial strains.

## **ANALGESIC ACTIVITY 3D-QSAR studies**)

QSAR (Quantitative Structure-Activity Relationship) is indeed a powerful tool for drug discovery and development. By establishing a mathematical relationship between a molecule's structure and its biological activity, QSAR models can: Molecular descriptors: Numerical representations of molecular structure (e.g., size, shape, electronic properties). Biological activity data: Experimental measurements of the compound's effect (e.g., potency, efficacy). Statistical modeling: Techniques to correlate molecular descriptors with biological activity (e.g., linear regression, partial least squares).

## Homology modelling of cyclooxygenase enzyme (3LNH1)

Vlife MDS and Swiss-Model were used for homology modeling. Protein Data Bank (PDB) ID: 3LNH1 served as the template. ProMod-II was employed for target template alignment, followed by loop modeling, side chain rebuilding, and energy minimization. Ramchandran plot and Qmean plot were used to assess model quality. Based on literature, Indomethacin was used as a reference drug and its receptor, with PDB ID 3LNH1, was chosen as the template. Sequence Retrieval: The amino acid sequence of the target protein was obtained in FASTA format from the PDB. The crystal structure from PDB was refined using Vlife modules. The FASTA sequence was submitted to build a homology model. Both software used ProMod-II for alignment, loop modeling, side chain rebuilding, and energy minimization. Ramchandran plots and Qmean plots were generated to assess the stereochemical quality of the models.

## Anti – inflammatory activity (Animal activity)

Oral administration of test compounds and Indomethacin. Subcutaneous injection into the left hind paw. Paw volume measured at 0, 1,2, 3, and 4-hours post-carrageenan injection. Two-way ANOVA using GraphPad Prism. A method to measure volume changes in the paw, indicating inflammation. A substance that induces inflammation when injected. A standard anti-inflammatory drug used as a positive control. Statistical test to analyze the effects of multiple factors (e.g., time, treatment group) on the paw volume. What was the specific dose of CMC solution used? Were there any differences in the body weights of the animals in different groups? How was the carrageenan solution prepared? What were the specific test compounds evaluated?

## Preparation of ligands for molecular docking

Tetrahydro carbazole was chosen as the core structure for the compound library. ChemSketch was used to create various substituted derivatives of tetrahydro carbazole. This likely involved exploring different substituents at various positions on the core structure. The generated 2D structures were converted to 3D conformers using Vlife software. The 3D structures were likely optimized to achieve low-energy conformations, which are often more biologically relevant. It's important to ensure that the generated library covers a diverse chemical space to

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increase the chances of identifying potent compounds. Filters can be applied to remove compounds with poor drug-like properties (e.g., high molecular weight, excessive lipophilicity). Generating multiple conformers for each compound can improve the chances of finding the bioactive conformation. What types of substituents were explored in the library? How many compounds were generated in the final library? What algorithm was used for generating conformers in Vlife? Which force field and optimization method were employed? **Analgesic activity** 

The activity of these compounds was lower compared to the standard drug naltrindole. Two-way ANOVA analysis revealed that compound TH9 had the least activity, while TH16 and TH17 showed the most significant activity. All other compounds exhibited moderate activity, still lower than naltrindole (Fig No:17). Steric and electrostatic properties (S\_627 and E\_442, respectively) were used as independent variables in the QSAR model.

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